GUNGAHLIN UNITED FOOTBALL CLUB

COMMUNITY COACHING MANUAL 2017

Gunners Are

Attacking – From the kick-off, attack. If you have the ball, or we have the ball, we will attack.

Aggressive - You will know you have played the Gunners. We will be hard but play by the rules.

Thinkers – We will show our flair. We are confident in our individual ability. Think Possession, Think Creative, Think Effective.

Tenacity – We will never give up. We will be stronger. We will win each individual battle with our opposite number.

Team mates - We will support each other no matter what the game or training situation.

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SECTION 1 – INTRODUCTION:

The Gungahlin United Football Club (GUFC) welcomes all coaches, managers and referees who have offered their assistance for the coming season. Your services are invaluable in enabling GUFC to organise and run games of community football.

This handbook should be read in conjunction with the current Capital Football Junior League Rules and Regulations, Capital Football Referees (CFR) Junior Handbook and GUFC's codes & policies. It is available to assist you as a coach or manager. Committee members will also help or direct you to the appropriate person if required.

If you need help - please ask - and don't leave it until the end of the season.

The primary aim of this club is to provide young people with the opportunity to play and enjoy football in a friendly and inclusive environment. As players advance and become older (U10 and above), GUFC also provides the opportunity to play football at an appropriate level. This is achieved through grading, coaching, training and encouraging players.

Coaching Courses

To assist all coaches and managers, the Technical Committee will facilitate arranging courses at all levels of experience. GUFC needs its coaches to complete the FFA Grassroots Certificate where possible. A course that is free of charge, takes a few hours and is a practical introduction to coaching young players (see GUFC website for details).

Capital Football also provides other FFA approved coaching courses that provide accreditation (junior, intermediate and advanced). To assist coaches, GUFC will reimburse between **50%** of the cost of a course registration fee (on successful completion and continued coaching of a GUFC team). Coaches should check the GUFC website or contact Vice President Community (vpcommunity@gufc.org.au) for assistance.

It is recommended that Division 1 coaches are qualified to an appropriate level for their age group. If a coach is not appropriately qualified this will be managed by the Vice President Community.

SECTION 2 – GUFC CONTACTS:

GUFC Executive Committee

Contact details for the GUFC Executive are located on the club website.

SECTION 3 - CODES OF CONDUCT AND GOOD COACHING:

The Codes of Conduct and tips for good coaching are located on the club's website and should be read in conjunction with this manual. They have been adopted for use by the club and all it members at matches, training sessions and social occasions, so please read them.
All players, coaches, managers and officials are subject to these GUFC and Capital Football codes of conduct are expected to act accordingly.

Club Policies: HERE

The Club Executive reserves the right to suspend or cancel a membership, or restrict access to game days or events for any member who behaves in a manner deemed to be inappropriate.

SECTION 4 - GENERAL RESPONSIBILITIES & INFORMATION:

Helpful Tips for Coaches:

- Prior to the commencement of the season, ensure you:
    1. Send an introductory email or letter to your team – see below.

Example of an introductory email/letter:

Dear Players and Parents,

Hi,

My name is ..... and I am the coach of the Under..... ***(Team name)*** for this year. With a little help from you I will do my best to ensure that this year is a great one for the players.

Our first training session will be on ..... (Day) ..... ***(Date)*** at

..... ***(Time)*** at the ..... ***(Location).***

Please ensure that your child is on time, dressed for the conditions, wearing soccer boots, shinguards and has a bottle of water.

On game day, all players are required to attend the venue at least half an hour prior to the start of the game.

One of the things the club has suggested is the appointment of a Team Manager. The Team Manager would take care of such issues as:

1. Correspondence
2. Match encouragement award
3. Organise volunteers for setting up or packing away the goals/nets after a home match.

I would greatly appreciate someone filling this position, so that I can devote all my time to the players.

Thanks

(Name)
(Phone number)

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2. Have a team manager (maybe someone who can also assist in coaching).
3. Read the Club's super-squadding notice on the website to see when your team's age group is training. http://gungahlinunitedfc.org.au/wordpress/?p=1735
4. Collect your team's equipment or have the team manager collect it from the GUFC Property Manager. The best day to do this is at the Gala Day or other advised time(s) set by the GUFC Property Manager.
5. For U10's and up the coach or manager need to complete a banking details form that allows the club to deposit referee match fee payments into their account.

6. Make sure that all players show up wearing the correct equipment and attire for the conditions (players that attend training wearing inappropriate clothing during winter get sick and miss games).
7. Provide parents with written information of what is required of them. A sample letter to parents can be found above in this Section.
8. For U10's and up the coach, manager and players should all attend the game location at least half an hour prior to the commencement of the game for the team to prepare the field (if required), get ready, discuss positions and warm-up.
9. Coaches MUST attend training sessions and games on time or have made prior arrangements for the team manager or a parent to be there on time, as most parents drop off their children at the field in the belief that the coach will take care of them. Coaches are responsible for all players in their respective squads whilst in their care.
10. The players are your responsibility at both training and at a game. Players should be supervised at all times. Players are NOT to be left alone after any training session or game until a parent or guardian arrives to pick-up the child. Please make sure ALL children have been collected by the persons entrusted to do so before you leave.
11. GUFC has a 'duty of care' policy for its players. Coaches are advised (for your own protection) that wherever possible you should have your Team Manager or another parent present for all club activities.
12. All coaches, managers and GUFC officials must have a Working with Vulnerable People (WWVP) card iaw the WWVP Act 2011 (https://www.accesscanberra.act.gov.au/app/answers/detail/a_id/1804/~/working-with-vulnerable-people-(wwvp)-registration) – please provide a photocopy/email of your card to the Child Welfare Officer (childwelfare@gufc.org.au).

Practice Matches

All practice matches must be approved by the Grounds Bookings Officer (and sanctioned by CF if it involves a team from another club). This is to ensure that referees are appointed if required and that players are covered by insurance. A minimum notice of five (5) working days is required to setup any practice match.

Carnivals

The club encourages teams to organise themselves and enter carnivals to further develop the players and strengthen ties with other football clubs. The club has previously been involved in the Woden Valley Lightning Tournament in April, Kanga Cup Tournament in July, Cowra Cup in August, the Young Lions Soccer Carnival in August, and Gold Coast Champions Cup in October. Coaches and Managers of teams wishing to enter a carnival must contact vpcommunity@gufc.org.au initially as there are approval processes that must be adhered to for legal and insurance purposes.

Equipment

Issuing of Equipment

Equipment will be issued to the team's coach or manager for the duration of the season. Each manager/coach is responsible for the custody, maintenance of their equipment. It is the coach's responsibility to ensure that equipment does not go missing or get damaged as far as can reasonably be expected. Any enquiries regarding club property should be made to Bill Napier GUFC's Property Manager (property@gufc.org.au) or a *Club Official* at the Harrison Pavilion of a Saturday morning during the season.

Return of Equipment

At the end of the season all equipment and shirts are to be returned to GUFC at the Harrison Pavilion or as advised.

Missing or Damaged Equipment

Coaches are to report any missing or damaged equipment to GUFC's Property Manager (property@gufc.org.au). Replacement equipment can be organised if appropriate.

Club Colours and Playing Strips

The club's colours are a yellow shirt, black shorts and black socks. Our alternate shirts are white with black shorts and socks. U10's to U18's teams are required to wear the club's shorts and socks, which can be purchased through the club's supplier. Where there is a clash of shirt colours, **the home team must wear the alternate strip or bibs**. These are located in the containers at Harrison Playing Fields and should be returned to the container (preferably washed) as soon as practical following the game. For all Full Field Games (U12s to U18s) if undershirts are worn they must be the same colour as the main colour of the shirt sleeve; undershorts/tights must be the same colour as the main colour of the shorts or the lowest part of the shorts. **ALL** referees allocated for Full Field Games have been instructed by the Referees Coordinator to adhere to the FIFA Laws of the Game (LOTG), **Law 4**.

Appropriate Wear and Protective Equipment

It is a FIFA Law of the Game and a CF regulation that all players taking the field of play (including training) should not wear anything that is dangerous to them and/or any other player. This includes, but is not limited to, caps or hats with hard brims (other than for use by goalkeepers), plaster or fibreglass casts and any jewellery *(which must be removed, not taped - Medi-Alert bracelets must be taped if worn)*. Footwear and shin-guards must also be worn and the shin-guards must be fully covered by socks. Referees WILL check these and stop players from playing until these are conditions are met. Please note that shin-guards must be the correct size for the player otherwise they do not provide adequate protection). It is also suggested for safety reasons coaches have players remove all jewellery for training sessions.

Player Assessment Sheets

A player assessment sheet is available for coaches and managers of age groups from U9-U18 to complete for their team. This outlines each player's strengths and weaknesses as well as a recommendation for the next season as to which division the players would be best suited. This assessment sheet should be handed in prior to the last game of the season and are important in providing first line feedback to the Coaching Panel. They are used in conjunction with grading results to provide a clearer picture of a player's capability the following year. It is suggested these are filled out and updated during the year rather than having to remember a year's worth of information at the end of the season. The coaching assessment template is available from VP Community and will be distributed to coaches.

Additionally, at the end of the season all U12–U18 teams will be asked to nominate a player for the 'Best & Fairest' and 'Most Improved' trophies. Coaches and Managers should monitor their players during the season to ensure they are in a position to provide this information at the appropriate time.

Liaison with Players and Parents

Team Managers are expected to be the first point of contact for the players and parents in their respective teams. This includes parents or players informing managers that they cannot attend training or games as well as managers notifying parents or players of wet weather conditions and disseminating information such as a grounds list and contact details for players or officials (please ensure all appropriate privacy issues are addressed before distribution).

SECTION 5 – MATCH DAY

Fixture Lists

For U10 to U18 fixtures are available on Sporting Pulse through Capital Football.
U5 - U9 draws will be placed on the GUFC website.
The week's home fixtures are also listed at Harrison Pavilion each Saturday.

GUFC Home Fields

- **Harrison Playing Fields, Katoomba Street, Harrison**

- **Nicholls Playing Fields, off Clarrie Hermes Drive, Nicholls**
- **Nicholls Synthetic Oval, off Kelleway Ave, Nicholls**
- **Palmerston Playing Fields, Kosciusko Avenue, Palmerston**
- **Gungahlin Enclosed Oval, Gungahlin**

Away games

Away games are against other clubs in the ACT and/or surrounding regions.
U8 and U9 locations are identified on the draws and all locations for U10-U18 can be found on Sports TG, through the Capital Football website.

Wet Weather

ACT Government sports fields are subject to closure at the discretion of the ACT government. This will depend on the condition of the field.

Generally on weekends field closures will be the discretion of the HOME team's club officials iaw the GUFC Wet Weather Policy and also iaw the Capital Football Wet Weather policy. If you think games may be cancelled you should check the GUFC website (http://www.gufc.org.au) and/or Facebook page and listen to the various radio stations public announcements.

As the coach/manager, should you be made aware that the game has been cancelled please contact all players/families.

If in doubt, it is better to assume the game / training is still on.

Field Setup

The club needs the help of all teams in setting up the fields for play. This will assist in the smooth scheduling of games, ensuring they start on time and protect club property. ***Please make sure you get your team parents to assist in set up/pack up*** as it is imperative that these tasks be done so you have time to coach and so that other age groups do not start late. Diagrams of field locations and the appropriate set up of fields are on the website, and will also be placed on the display boards for viewing every Saturday morning.

U5's, U6's and U7's

Goals and other field setup equipment are located in the containers #1. It is the team parent(s) responsibility to collect and return (if not being used by the next age group) the equipment from/to this container. Please stack the items within this container neatly and do not put ant of this equipment into the fenced area.

U8's – U11's

The storage area for your SSG goals are between the containers #1 & #2 and inside the fenced area for U8 - U11. Teams are required to collect and return the goals (sides and crossbars) from this area, with return of this equipment to be stored in a neat manner. SSG nets and cones are in container #2. Nets in this age group are tagged in colour TBA. Place all cones on the pitch in their correct positions (half-way and corners). Diagrams within this document are provided to assist setup (and also field setup pictures are located at the ground). Be aware that setting up of nets is mandatory and will take some time. You are advised to make sure you/your parent assistants have sufficient time to do so before your game. ALL referees have been instructed by the referee coordinator to reduce game times accordingly to ensure the next games are not impacted and can start on time.

- Please do not use nets and poles from the green garbage containers as these are for use for Full Field matches.
- All teams are requested to vacate the playing area immediately AS SOON AS THEIR GAME IS OVER so the next game can start asap.
- There may be times for the U8, U9, U10 groups to PACK UP – if so, please take note of the game sheet advice at the Harrison pavilion on game days.

- *U8 teams* will need to set up their quarter fields (with small cones only) and goals (including nets inside container #2) BEFORE their games and leave them in position after their game. Please use the goal crossbars that are ~4m in length.
- *ALL U9 teams* will need to PACK AWAY their crossbars only (leave the sides, net and cones) AS SOON AS THEIR GAME IS OVER.
- *ALL U10 teams* will need to SETUP and get the larger crossbars and increase the field size to half-field layout BEFORE their game and leave them in position after their game. Please use crossbars that are ~6m in length.
- *ALL U11 teams* will need to pack away all the equipment on the field i.e. their goals and cones AS SOON AS THEIR GAME IS OVER.
- Only CONES are to be used to mark fields for these age groups

If it is your team's responsibility to return goals (sides and crossbars), nets and cones, please ensure they are stacked away neatly, otherwise it makes it difficult to get them out the following week. Also please strongly encourage the parents of young players to keep all other children away from the goals during and after games and ***do not allow any child to swing from a goal as there have been fatalities from this in the past.***

Junior Full & Senior Field Set Up – U12 to Seniors

The first home team to play on a full field ground must put up the nets and ensure that the corner flags (centre line flags are optional and should be 1 metre from the sideline) and technical areas (with referee assistance) are in place. Teams are to collect the nets and flags from the storage container #2. The team playing the last game on each ground must take down the nets, put them in the bin provided and collect all pegs, corner flags and cones. All gear must be returned to the storage containers #2.

Coach/Manager Match Day Checklist:

Before the Game

- Check the field is correctly set up (have the parents help you).
- Receive a flag from the referee and arrange a volunteer to run a line (unless an assistant referee is available or it is unnecessary – U7 and below).
- U10-U18 only – Pay ½ the referee's match fee
- U12-U18 only - Pay ½ of any referee assistant's match fee
- Have all referees sign your referee match fee record (details on referee match fees can be found in *Section 10 – Referees*).
- Hand the referee, the completed match record and a match ball.
- Have the players ready to take the field a couple of minutes before the designated kick-off and check they are correctly equipped and attired (correct clothing, boots and shin-guards and no jewellery (If you notice a clash of strips, arrange for bibs or an alternate GUFC strip).
- Ensure you are positioned in the technical area and that your spectators are in the spectators zone.
- Have the players take to the field, line-up on the centre line and shake hands with the opposition team.

During the Game:

- You should also ask spectators to stay away from the goals (and do not stand behind the goal line) and at least 1 metre behind the side line in the spectator area.
- Encourage the players to play fairly and in the spirit of the game.
- Make sure any spectators stand back from the line (~1 metre) to help the referee/s.
- Discourage any poor behaviour at the field. If help is required seek out a club official.
- Should a player be injured and need assistance, tell the referee and wait for them to call you onto the field.
- Should a serious injury occur make the referee aware and they WILL stop the game - seek out a club official immediately and if required call an ambulance.

After the Game:

- Participate in any sportsmanship shown by teams (e.g. handshakes etc.)
- Hand flags back to the referee and collect your match ball.
- Ensure all rubbish is deposited in the green bins provided around the grounds. Fines are applied to the Club by ACT Government for rubbish not disposed of.
- *U12–U18 only*:

- Team manages are recommended to ensure the match card is completed with all players details (FFA numbers and name) provided to the referee prior to the start of the game;

-Check the referee has filled in the match card correctly and signed it (if incorrect inform the referee and have it fixed immediately).

- It is the responsibility of all officials (Coach or Manager) of both teams to record on the Match Card their own FFA number and to sign accordingly.

- **Ensure the match record is delivered to the letter box outside the Harrison Club House by 5.30pm on MATCH DAY** (for collection by the Points Registrar).

Match Records and Reporting Results (U12 & UP):

Managers of teams playing in the Junior (U12 & Up) and Senior competitions are required to complete the match records that are provided to all teams.

The record is in triplicate – green copy to the away team, white for Capital Football (CF) and blue for home team – the last two MUST go to the Points Registrar and they need to be filled out in accordance with the *CF Regulations*. These are summarised in *Table 2* below.

If required, Match records are available from the Grounds Official at Harrison.

Table 2: Table of Do and Don'ts for Match Records

DO's	
Managers of U12 & Up teams are required to fill out a match card for every match with the: Age Group, Division, Round Nº, Date of the Match, Clubs competing, The 'Home' team, the 'Away' team and the Printed Names of the players fielded and their shirt & FFA numbers.	
Give the filled out match record to referee **prior to match**.	
At end of match check details on the record as completed by the referee and discuss/correct if incorrect (score, offences, significant injuries and referee details).	
Sign the record and have the other team manager sign the record if details are correct. If there is a dispute, resolve it if possible, if not sign the record and note it was 'signed under protest'.	
Deliver the match record to the letter box outside the Harrison Club House by 5.30pm on Match Day.	
DONT's	***Breaches Result In***
Sign the match record prior to the game.	Possible points loss
Add additional players to the match record after the start of the game.	A fine
Write more than 15 players on a match record.	Possible points loss
Submit a match record with an incorrect result.	A fine
Provide incorrectly filled out or incomplete match records to the *CF Points Registrar.*	Fines, forfeiture of match points or a report to the CF.
Provide the match record and results late.	A fine

Failure to follow these instructions could mean that an incorrect score may be recorded for your match and the club could be fined, so your assistance in helping the club abide by the timeframes imposed are imperative.

If for any reason you can't deliver your match record before 5:30pm, please Phone, SMS or email the results ASAP to the Points Registrar *TBA.*

Player Injuries

First Aid

Coaches and Managers are encouraged to undertake a basic first aid course. As with other relevant courses undertaken for the benefit of the Club, you will be reimbursed for half the cost of the course. There are first aid kits available at our home grounds. There are some Club officials who are first aid qualified or sports trainers.

General guide when injuries occur:

Coaches and managers are reminded of the following:

Generally, players will get up off the ground by themselves after a hard tackle however, if they remain still or cry out in pain:

- DO NOT pick up an injured player and carry him/her from the field.
- DO NOT manipulate or try to straighten a limb - if it is broken you are likely to cause more damage and more pain.

If you suspect a fracture, leave the player where he/she is, and:

- Send someone to ring for an ambulance - make sure they know what the suspected injury is, the precise ground location and the best access to the ground.
- Clear the immediate area of spectators.
- Have someone stay with the injured player to reassure them and have someone at the access point to the ground to direct the ambulance to the scene.
- Keep the injured player as comfortable as possible - protected from direct sunlight, rain/wind. Cover if cold but DO NOT over heat. A few sips of water (if conscious) can be given.
- If a neck injury is suspected - the player MUST NOT BE MOVED until an experienced person can fit a suitable neck brace without moving the head.
- All injuries of a significant nature should be recorded in the appropriate section on the match card by the Coach or Manager.

Insurance

All players are covered by a player insurance policy if they are injured during an official game or official training. However, the insurance coverage does not include all costs and parents should consider whether they need other medical and hospital insurance. Details are available at: http://www.capitalfootball.com.au/site/insurance.php

SECTION 6 – GUFC POLICIES

The club currently has policies covering Grading, Disciplinary Action, Codes of Conduct, Duty of Care, and Playing-Up. These policies are available on the GUFC website or you can contact the Secretary secretary@gufc.org.au to find out more. All players, coaches, managers and officials are subject to these policies and are expected to act accordingly.

GUFC Club Policies Website : HERE

SECTION 7 – JUNIOR LEAGUE REGULATIONS

Coaches and Team Managers are obliged to adhere to the rules and regulations of the Junior League that are set out in the Junior League Regulations which can be found on the CF & GUFC websites. The Junior League imposes financial penalties on clubs who do not comply with these regulations. Some examples of breaches of these regulations are covered below.

Financial and Other Penalties

Playing an unregistered or otherwise ineligible player:

If in doubt about the status of any of your players contact the GUFC *Registrar – Andrew Tarnawskyj at* registrar@gufc.org.au.

Walk-off by a team before the completion of a game:

Sometimes it may seem appropriate to walk off the pitch prior to the end of the game, particularly if players appear to be in physical danger. However, except in the most extreme circumstances do not yield to the temptation to bring your team from the field as you will not be able to have the match replayed and the Club will incur a fine.

Coaches and managers are reminded that if you are dissatisfied with the conduct of the game, you should complete the game, list the circumstances as soon as possible and lodge an appeal or protest through the *GUFC President (*president@gufc.org.au*)* immediately. Protests must be lodged as soon as possible and preferably within 48 hours of the event.

Late or lost match records or failure to report match results:

As already mentioned, this offence incurs a financial penalty. GUFC has an excellent record on this and we need your help to keep it.

Forfeit of a game:

If it becomes apparent that you are unable to field a team for a game (e.g. through illness or injury of a number of players) you should contact VP Community (vpcommunity@gufc.org.au) as soon as possible. GUFC will then be able to see if reserves can be organised in your age group from other teams or from a younger age group to play.

Failure to keep spectators in check

While it is not possible for coaches or managers to physically restrain spectators, it is expected that they will explain and display appropriate conduct to them.

SECTION 8 – REFEREES

Appointment of Referees

The GUFC Referee Coordinator (RC) appoints qualified and accredited referees to junior home games (U8 and up) where possible. If an official referee is not available, then the **visiting** team should be invited to nominate a suitable person (both parties should agree on the best person to officiate the game). If you are not satisfied with the referee nominated you can refuse to play the game and notify Capital Football immediately (through the Club's Junior League Representative or President) or you can play the game. If you decide to play the game, then you need to be prepared to accept the result.

Once you have agreed to accept someone as the referee, then that person is in charge of the ENTIRE game.

For further information procedures for appointing non-qualified referees to matches are outlined in the *CF Junior League Rules*.

Assist the Referees

Coaches and managers are asked to give full assistance to referees, both on and off the field. This is especially important in the early age groups (below U12) where the referees are usually from the junior playing ranks. Remember - referees are a vital part of our game and we seek your support in encouraging them to continue and develop.

Coaches and Managers **should not criticise decisions with the referees or with officials of opposing teams at the field.** There are specific procedures relating to dispute resolution set out in the *CF Junior League Rules*.

If you have any feedback (including complaints or disputes) on the performance of junior referees at Gungahlin home games, it should be given in person to the Referee Coordinator Gavin Hoffman or sent to referees@gufc.org.au. A report will be sent through the appropriate channels if required.

Referee Match Fees

Table 3: Referee Match Fee Schedule.

Age Group	Referee (Centre)	Assistant Referee (Line)
U18	$48	$24
U16	$42	$21
U15	$38	$19
U14	$34	$17
U13	$30	$15
U12	$26	$13
U11	$16	N/A
U10	$14	N/A
U9	$12	N/A
U8	$10	N/A

Referee Match Payments:

All U8 and U9 referee match fees are the responsibility of the home club, so no action is required by the coach or team manager for these age groups.

For U10-U18 games, referee match fees are the **JOINT** responsibility of each club involved. This also applies to any assistant referees that are appointed (full field games only). The coach or team manager of each team pays half of the appropriate fees (above) BEFORE the start of the game. You **MUST** only pay officially qualified game appointed referees and assistant referees. Qualified referees **MUST** be wearing their official CF referee uniform and should be able to provide you with their name & FFA number indicating they are a qualified and registered Capital Football Referee.

Referee Payments Process (U10 – U18)

GUFC coaches and/or managers should complete a *Referee Match Fee Advance Form* and send it to treasurer@gufc.org.au (this information goes to the treasurer only). This will allow the club to deposit the referee money for the season directly into an account.

On receipt of the referee match fee advance, coaches/managers should obtain a *Referee Match Fee Payment Record* from the GUFC website.

This record MUST be completed at every game and be signed and filled out by any referee/s before each game. Any remaining funds from your advance **MUST BE RETURNED to GUFC** on conclusion of the season (before Presentation) and the completed record will assist in the acquittal of monies used for refereeing.

PLEASE NOTE: *No other system will be used* and the advances should be used for the regular season's referees match payments only.

Should coaches/team managers need to pay assistant referees and have insufficient funds in their advance, they need to contact the TREASURER to make arrangements to advance further funds. To do this, coaches will need to give two weeks notice and have their completed *Referee Match Fee Payment Record* outlining the distribution of their advance available.

SECTION 9 – PLAYING AGE GROUPS AND RULES:

All games from U5 to U11 are played according to the FFA Small Sided Games Rules which can be found on the GUFC and Capital Football websites. For U8-U18 teams, on average half the games are played at home and half away.

2017 Kick-off times: Click Here

Detailed Rules: Click here

MiniRoos U5-U7 Program

This program is a non-competitive introduction to football for children. Each Saturday at Harrison, teams participate in a structured internal program which includes training weeks.

MiniRoos U8-U9 Games:

These are conducted as friendly games with no competition points or tables and are for the kids to have fun whilst developing their skills. The teams are generally based on friendship groups and the current criteria used to place children in teams may include: previous year's team, requests where possible or the player's school.

U8's and U9's play in a local competition with other North-side clubs which include Belwest, Belsouth, Belnorth, Radford and Yass.

MiniRoos U10-U11 Games:

U10's are the first age group at which teams are formed based on a player's skill level and this determination of player skill will continue right up to U18's. As such it is important to start grading players and placing them in teams and divisions that best suit their ability. Whilst grading begins in U10's and occurs in U11's, these are non-competitive age groups (i.e. no points, no player ID cards, no competition tables, and no premierships).

U10's and U11's play in a round robin series with other clubs across the ACT region. The games are played in accordance with the FFA Small Sided Games (FFA SSG) Rules and the FIFA Laws of the Game (LOTG). These modifications can be found in the referees LOTG book and CF Junior League Rules.

Junior League Competitions (U12-U18)

U12 to U18 teams play in a competitive league that is organised by Capital Football on an ACT Region wide basis (in some divisions this may also involve travel to Yass, Goulburn or Cooma). Players are graded to place them in teams in a division that best suits their skill level. The games are played in accordance with FIFA LOTG with some minor modifications in accordance with the CF JL Rules.

SECTION 10 – COACHING SUPPORT:

There are coaching support tips and resources on the capital football website. Refer to http://capitalfootball.com.au/coaching-resources

SECTION 11 – POSITION DESCRIPTION:

Gungahlin United Football Club
Position Description – Team Manager

JOB TITLE:

Team Manager

OBJECTIVE:

To ensure the successful management of the team and welfare of the players in their care, whilst making sure that all off field matters are dealt with efficiently and timely. Provide support to the coach and any support staff.

RESPONSIBILITIES:

- Liaise with all team members, parents, coaches and officials to ensure all are informed of training, competition and club functions.
- Attend to administration matters as directed by the club.
- Liaise with the players, coaches and the General Committee, acting as a liaison officer between the club and the team.
- Document any problems that arise between team members, parents, coaches and supporters and present these to the club accordingly.
- Check the field is correctly set up and coordinate return of equipment to appropriate storage area after training and matches if required.
- Receive a flag from the referee and arrange a volunteer to run a line (unless an assistant referee is available or it is unnecessary – U7 and below).
- For U10-U18 pay half the referee's match fee / For U12 – U18 pay half of the referee assistants match fee.
- U12 and up and senior competitions complete and submit match records to the Harrison Club House letter box by 5.30pm on match day.
- Determine weekly awards with appropriate coaches and support staff (if applicable).

RELATIONSHIPS:

- Supports the coach, committee and other support staff.
- Liaise with players, parents and club supporters.

ACCOUNTABILITY:

The Team Manager is accountable to the club committee, as well as to the coach of the team they manage.

ESSENTIAL SKILLS:

- Good organisation skills.
- Great communicator and the ability to prioritise tasks.
- Passionate about the club and team.
- Understanding of the rules and regulations of the competition.

The estimated time commitment required as the Team Manager is approximately up to 2 hours per week.